## GSA Advisors 101

# Tips and tricks for supporting your GSA

from your friends at



### What's a GSA?

Gender and Sexuality Alliances (GSAs) are youth-led groups in schools that include LGBTQ+ and allied youth.



# So what's the role of an advisor?

Advisors can help a new GSA form or keep existing GSAs running by providing structure and adult support.

Flip to the next pages to learn more about being a new or current advisor!

#### I'm a New Advisor!

Welcome! We're so excited to see you support a GSA in your school, whether it's also newly formed or you're just taking on the new role!

If your GSA is newly formed this year, your job is to create a structure (in dialogue with youth) in place for the GSA to run smoothly. Establish meeting times and locations with the students, and if possible, gain support from your administration for funding events/activities/meetings.

If you're taking on the role of advisor for an existing GSA, thank you for taking this on! Your role is to make sure the structure currently in place still works to keep the group running smoothly.

#### I'm a Current Advisor!

Amazing! Thank you for continuing to support the GSA in your school, and using your adult role to help foster community with LGBTQ+ youth!

Continue to work with your students to check-in about how the GSA is going. Is it welcoming for all? What has gone well? What direction do they want to take the GSA this year?

Build on the successes of years past, learn from the challenges, and reach out for support/advice.

#### So What's a GSA FOR?

GSAs are for LGBTQ+ youth! They often do different things depending on youth interest:

- <u>Social Connection</u>: Hold meetings for club members, host events in school or community, and/or attend Outright events.
- <u>Emotional Support</u>: Check-in with each other at meetings, support each other around challenges, and celebrate wins.
- <u>Social Change</u>: Work to make their school more liberated for queer and trans youth, partner with other social justice clubs/local orgs.

## What supports are there for advisors?

Our partners at GSA Network releases an advisor handbook on a yearly basis that is a comprehensive guide to GSAs and the roles of advisors.

1:1 virtual meetings (or full GSA visits!)
with Jayy, Outright's GSA Network
Coordinator, to talk about specifics
related to your GSA and its
growth/development.

The Vermont GSA Advisors email listserv is a way to connect to other advisors, ask widely for advice & support, and get resource/event updates from Outright.

Outright's Youth Organizers are here to provide support to your GSA or with hosting community events, especially multi-GSA regional events!

# Flip to see a map of the GSA Network that you're a part of!

Remember:
You're part of the movement to build HOPE, EQUITY, and POWER for LGBTQ+ youth across Vermont!

